



Chilwell
Primary School



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School Council Email: schoolsCouncil@chilwellps.vic.edu.au Facebook: www.facebook.com/ChilwellFair

Out of School Hours Child Care Program Coordinator (0417 014 973)

NEWSLETTER No.17- 6th June 2017

Jun 9	Fri	Prep Alphabet Dress Up Day
Jun 12	Mon	Queen's Birthday Public Holiday
Jun 13	Tue	3-way Interviews open on SENTRAL 4pm
Jun 15	Thu	Book Club Due— ONLINE ORDERS ONLY
Jun 19	Mon	School Council—6.30pm Winter Lightning Premiership Division Netball @ Geelong Basketball & Netball Centre
Jun 20	Tue	Winter Lightning Premiership Division football @ Ervin Reserve
Jun 28	Wed	3-Way Interviews (Teachers, Parents, Students) (OSHC available)
Jun 30	Fri	Division Cross Country End term 2 – DISMISSAL 2.30PM
July 17	Mon	Term 3 Commences
Aug 2	Wed	Bravehearts
Aug 5	Sat	Trivia Night (SAVE THE DATE)
Aug 16	Wed	District Athletics—Landy Field
Aug 21	Mon	School Council —6.30pm
Sept 6-11		Life Ed
Sept 12	Tue	Division Athletics
Sept 13	Wed	Concert @ The Arena
Sept 18	Mon	School Council—6.30pm
Oct 23	Mon	School Council—6.30pm
Nov 6-Nov 8		Gr.4 Lady Northcote Camp (<i>advance notice</i>)
Nov 20	Mon	School Council—6.30pm
Dec 11	Mon	School Council



Skoolbag App can be use to advise teachers that students will be absent for the day or an extended period of time. Click on eForm and complete the Absentee Form.



Term Dates 2017

Term 2: Tuesday 18th April to Friday 30th June
 Term 3: Monday 17th July to Friday 22nd September
 Term 4: Monday 9th October to Friday 22nd December

Term Dates 2018

Term 1 Tuesday 30th January to Thursday 29th March
 Term 2 Monday 16th April to Friday 29th June
 Term 3 Monday 16th July to Friday 21st September
 Term 4 Monday 8th October to Friday 21st December

Reminder –

With the 3-Way Interviews approaching Wednesday 28th June, please ensure you have registered with Sentral. If your email details have changed please advise the office as this is imperative to allow you to book an interview time when the program opens.



Dear Families

3-Way Interviews The meeting is an opportunity for all children to continue the process of taking shared responsibility for their learning. It is an opportunity to share the successes and achievements as well as set goals for the next semester. These goals require involvement from children, staff and families. A real strength of Chilwell is the involvement of all in the learning process.

Please be on time for your interview and discuss your child's report with them prior to the meeting.

Interviews: Tuesday 13th June from 4 pm the Sentral platform goes live for families to book interview times. All parents **MUST** book in a time prior to the 26th June or risk not being able to have an interview.

Once the site closes at 10pm. on June 26 we will not be able to access the interview schedule.

If you do not have access to the internet please contact the office and we will take you through the process.

On the interview day students will only attend school for their interview. Child care is available through our Out of School Care Program for those who wish to use this service – please see Cheryl at OSHC. (Please note: No Government financial support is available for this form of care – limited places available.)

Reading Recovery: Families in Prep and Years 2 through to 6 may not realize that we run a very successful Reading Recovery program aimed at Year 1 pupils who have not quite "caught" onto some aspects of language (Reading and Writing). These children have daily 1:1 half hour sessions with our Reading Recovery teacher, Rosemary Clifton. The program supports the child and daily "homework" is set so that families are also involved in the process. This is a fantastic resource that the school has and we are extremely proud of the progress made.

Traffic: The Winter months are upon us so we all must be mindful of the extra care needed on our roads, both as a pedestrian and drivers. We talk to our children constantly about keeping safe around our precinct. We have large volumes of cafe/shop traffic, school buses and cars as well as pedestrians. Please ensure you reinforce safe road use - crossing at supervised crossings, at lights, at intersections and the need to watch and listen.

Stranger Danger: We are receiving disturbing reports of children being approached by adults in an inappropriate manner. Please continue to alert your child to aspects of safe behaviour when out in the community.

Reports: Staff have completed these and I am in the process of reading them. It is obvious that the progress and endeavour shown by our students is impressive. The reports will also highlight areas for future learning or concern. Our upcoming parent-teacher-student interviews will give an opportunity for the children and staff to discuss the report and goals set by each.

The 15 minute interview /discussion will be led by the student initially but the staff will have input. The opportunity for parents to discuss issues just with the teacher is also available.

Interview times are available for booking via Sentral from 13th June. Please jump on and book a suitable time.

Lightning Premiership: I had the pleasure of joining our representative teams at last week's Lightning Premiership. The results were mixed but the sportsmanship, sense of team and support for one another was so evident. Our netball team will progress to the next level of competition -congratulations!! Thank you also for the brave parents and staff who braved wet ground and icy winds to support our teams.



Reminder: Next Monday is the Queen's Birthday holiday in Victorian schools. Our school, like all other Government schools, will be closed. No child care is available on this day.

Extra Curricular:

Choir: We need to acknowledge the work undertaken by our choir who, in their own time, meet to learn and practise. The choir is trained by Jessie Phillips who gives up her time to assist these children in this extra curricula endeavour.

Coding: Nikki Robertson and a group of coding "experts", are offering a lunchtime session in this area. Many thanks to staff and children who are supplying opportunities for us.

Yoga: Another "extra" on offer. Thank you to Peter Blackall and our Welfare team who have arranged this. We have noticed an increase in flexibility and decrease in stress amongst the participants.

Art: Tuesday Lunchtime creating posters for Barwon Water.

Birthdays Happy birthday to the following students who celebrate their birthday over the next weeks.

Thu 8 June	Aaron J Camellia G	PJS 5MA
Sat 10 June	Jack D	2JS
Sun 11 June	Millie P	3PD



Regards,
Gavan Welsh
Principal

Our You Can Do It focus for term two term is Confidence

Congratulations to the following students who received an award this week.

Prep D	Ross Wang	2 JO	Susannah Carey	4JM	Eliza Cullen
Prep J	Gisselle Neilson	2JS	Olie Nichols-Blackney	5MA	Toby Alexander
Prep B	Olive Wojcinski	3KH	Max Sleep	5NR	Susan Friswell
1MW	Ruby Slimmon	3 PD	Will Warita	6JC	Michael Rudd
1BH	Acacia James	4 JS	Liam Biddiscombe	6SW	Kaine Reid

Our YCDI! Focus for this term is Confidence

This terms YCDI focus is Confidence. Confidence means to have faith in everything you do. This year, along with the certificates, students will receive a wristband to signify their award. Wear your band to school with pride to show everyone you are a confident Chilwell student.

YCDI Committee



SAVE THE DATE - SATURDAY 5TH AUGUST
CHIWELL PRIMARY SCHOOL - TRIVIA NIGHT

PREP EXCURSION—STINTON AVE

Last Wednesday the Preps visited the Stinton Ave shops to buy ingredients to make a healthy lunch. The excursion was a huge success and we ate delicious healthy sandwiches. We had lots of fun! Thank you to all the parent helpers who walked with us and helped to prepare the food. Prep Teachers.



Leadership Workshop

Last Tuesday, Hannah, Miller, William, Jamie, Ella, Georgia and I went to Northern Bay College in Corio to attend a workshop about expressing our students' voice. The workshop was interactive and fun and we learned many new things, such as different strategies to collect information. For example, instead of using a survey, we could use a Vox Pop. This involves asking students some questions and filming their answers. We are really looking forward to conducting a Vox Pop at Chilwell during lunch/recess. It was a great experience and we enjoyed it thoroughly. A huge thanks to Mr Welsh and Mr Limb for driving us there and helping us throughout the day.

By Ella Colquhoun



DIGI TECH WORKSHOP

Last Tuesday a selection of 10 students from years 3-5 attended a series of 'Digi Tech workshops' at Deakin University with Miss Robertson. The workshops were run by teachers from around the Geelong area. Students were introduced to technologies such as robotics, drones, 3D printing and coding. We all enjoyed the hands-on learning experiences and seeing how these technologies are being used in local schools.

In the coming weeks, Miss Robertson is looking at launching a **Chilwell Coding Club** for students in Grades 4-6. Put forward your expressions of interest to Miss Robertson by the end of this week (9th of June) if you would like to be involved.

The Chilwell Coding Club will be student-led and will run weekly, during Thursday lunch times.

A huge thanks to Ms Weiland and Miss Robertson for organising our visit to Deakin Uni! We had a great day of learning!



Canteen news..... TERM 2 OPTIONS

Orders must be into your grade teacher by 9.30 am on Thursday morning. Orders are picked up **at 3.30 pm. Thursday** – **no late orders will be accepted**.

We ask parents not to drop late lunch orders into Steampocket. Lunch is provided on Friday. Each student must have an individual order.

Each option \$5.00

OPTION 1	3 x Chicken Skewers & Chocolate Muffin—Gluten Free available
OPTION 2	2 x House made Sausage Rolls with tomato Sauce & Honey Joy
OPTION 3	Vegemite & Cheese Wrap, whole Apple & Hedge Hog

HELP NEED FOR CANTEEN ROSTER

Canteen Roster. - Fridays – 1.15-1.30 pm.

Fri 9 nd June	Jane Muhor
Fri 16 th June	Megan Bell
Fri 23 rd June	Victoria Barton
Fri 30 th June	Kristy George

Love Your Locals – Chilwell Primary School 5 cent and 2 dollar Challenge

Join the Social Service 'Environmental Warriors' Committee along with Zoos Victoria and help fight against the extinction of some of our most endangered local species!



The Eastern Barred Bandicoot is a small, nocturnal marsupial that is sadly listed as extinct in the wild. They were once widespread across the grasslands and grassy woodlands of western Victoria but due to a combination of being hunted by introduced foxes and habitat loss, they now desperately need us to help them survive because extinction is forever.

Recovery of the Eastern Barred Bandicoot

Zoos Victoria coordinates the captive breeding program and plays a key role in the recovery of this species through:

- ⇒ Maintaining a captive insurance population
- ⇒ Releasing captive-bred bandicoots into fox free sites
- ⇒ Coordinating a **Guardian Dog Trial**, to determine if specially trained Maremma Guardian Dogs can protect Eastern Barred Bandicoots from predation
- ⇒ Conducting research to improve husbandry, breeding, reintroduction success and monitoring
- ⇒ Increasing community awareness and support for the Eastern Barred Bandicoot.

Fighting extinction is just common cents

Did you know: A newborn Eastern Barred Bandicoot is almost the same size as a 5 cent coin or a \$2 coin.

The Social Service Committee are calling on the Chilwell Primary School community to raise much needed funds for the continued recovery of this gorgeous local species. So, let's take on 'The Common Cents Challenge!'

Bring into school any 5 cent pieces, or a \$2.00 coin to mark off on your class collection charts.

1. The Common Cents Silver Challenge

Collecting 300 five cent coins is all it takes to support Zoos Victoria's Eastern Barred Bandicoot threatened species program.

Mark your coins off on the **Common Cents** posters as you collect them.

On completion of the challenge you will receive:

a certificate of appreciation

2. The Common Cents Gold Challenge

Collecting 90 two dollar coins is all it takes to adopt an Eastern Barred Bandicoot for a year.

Mark your coins off on the **Common Cents** posters as you collect them.

On completion of the challenge you will receive:

an Eastern Barred Bandicoot Animal Adoption Pack

a certificate of appreciation

Along with the above, the class who raises the most money before the end of term 2 will also receive a 'Lovely Local' soft toy, as a token of our appreciation.

For further information, click on the link below:

<https://www.zoo.org.au/werribee/animals/eastern-barred-bandicoot>

Thank you for your support,

The Social Service Committee 2017

Jeanie Stynes and Jan McLaren

Chilwell P.S. Outside School Hours Care

Term 2 –May 2017

To book or cancel care please call Cheryl on 0417 014 973

Bookings are essential for both before and after school care.

Wednesday 7 June	Art & Craft
Thursday 8 June	Dot Painting
Friday 9 June	Lego & Shops
Monday 12 June	Public Holiday Queens Birthday
Tuesday 13 June	Loom Bands

EFTPOS facility is available – **for payments over \$10.00.**

Form available at the office or from the OSHC.

IMPORTANT!!! School Council encourages families to keep their account in credit.

We issue Weekly Accounts .

Just a reminder to all those who have a permanent before/after school booking. If unable to attend **please cancel before 7.00am for mornings and 2.00pm for afternoon** to assist staff or avoid session fees being charged to your account.

Thanks – Cheryl & OSHC Staff

Amount: Visa Mastercard \$

Card Number: _ _ _ _ _

Cardholder's Name:..... Expiry Date : _/_

Cardholder's Signature:.....

Payment for OSHC



Entertainment Book - \$60.00.

Valid from June 1st 2017 – May 31st 2018

We have 2 copies left! Get your copy now.

Books available at the office.

A display book is in the office foyer for interested families to peruse.

Year 2018 Enrolment. Return only if this affects your family.

Family Name _____

1. We will not be at Chilwell in 2018.

2. Sibling enrolling in 2018. Child's Name _____

Date of Birth _____

Name of Pre-School/Kinder _____

BOOK CLUB

Catalogues have been sent home this week, if you wish to order please complete by the 15th June. All orders are to placed on-line see details below.

Introducing

 SCHOLASTIC

Book Clubs LOOP

for Parents

NOW
AVAILABLE
AS AN APP!



LOOP is the **NEW** Scholastic Book Clubs **Linked Online** Ordering & **P**ayment platform for Parents.

If you want to pay by credit card for your online Book Club order, our new platform makes it easy! It eliminates the need for paper order forms plus your online order is submitted to the school safe and sound.

Log-in to www.scholastic.com.au/LOOP or download our **NEW** iPhone and iPad app from the App Store!

- For a quick start, just click on **ORDER** in the top menu or **REGISTER** first to save your details for next time
- Select your school and your child's class
- Add your child's first name and last initial (so the school knows who the book is for)
- Enter the item number from the Book Club brochure
- You can order for multiple children at once if they attend the same school
- All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date
- There's no need to return paper order forms or payment receipt details to your school!

For a quick how-to-order video, log-in to www.scholastic.com.au/LOOP and click on **HELP** in the top menu.



Families, are you registered for Sentral yet? If not, follow these 3 easy steps...

STEP ONE: Register here. <https://sentral.chilwellps.vic.edu.au/portal/register>

Chilwell Primary School
Create a Portal User Account

Username: Title:

Password: First Name:

Password (confirm): Surname:

- Use your email address as your username.
- Wait 24 hours for your registration to be approved. You will receive a confirmation email.
- If you need a new registration letter, ask at the office.

STEP TWO: Log into Sentral here. <https://sentral.chilwellps.vic.edu.au/portal/login>

Chilwell Primary School
Student and Parent Portal

Please enter your username and password below

[Forgot Password?](#)

SENTRAL EDUCATION

STEP THREE:

Link to your children using your ACCESS KEY
that is on your registration letter. (eg: X23fT61A8M)

Student/Family Access Key

Family/Student access key:

IF YOU HAVE RECEIVED A FAMILY/STUDENT ACCESS KEY FROM YOUR SCHOOL YOU CAN ENTER IT HERE.

What else can you find on Sentral?

Over time we will begin to populate the portal with more information, but in the meantime...

FINDING YOUR CHILD'S REPORT ON SENTRAL.

Click on 'Published Reports' when you are trying to access your child's report on Sentral.

Chilwell Primary School
Parent Portal

Reporting

- Dashboard
- Resources
- Attendance
- Reporting
- School Records

- Academic Results
- Published Reports

Published reports

Reporting Period Name

Semester 1, 2016

The Chilwell Primary School Student and Parent Portal is powered by Sentral

See your child's attendance data:

Chilwell Primary School
Parent Portal

Attendance

- Dashboard
- Resources
- Attendance
- Reporting
- School Records

Overview Unexplained Absences Explained Absences Exempt Absences

Attendance Overview

The attendance overview shows a "heatmap" which outlines all school absences, both explained and unexplained. Hovering your mouse over the grid will show the percentage of attendance for each term.

Term	M	T	W	T	F
Term 1	W1	W2	W3	W4	W5
Term 2	W1	W2	W3	W4	W5
Term 3	W1	W2	W3	W4	W5
Term 4	W1	W2	W3	W4	W5

Term 1 100.0%
Term 2 100.0%
Term 3 99.4%
Term 4 100.0%
Overall 99.4%

parenting * ideas

insights



Parenting kids through the challenges of change

By Michael Grose

Parenting is always challenging, but perhaps never more so when you are undergoing change yourself.

Recently I spoke to staff at the General Motors Holden in South Australia about how they could help their families navigate the imminent plant closure, and subsequent loss of jobs. Change of this magnitude generally impacts on everyone in a family, bringing an added layer to parenting. Essentially the job of these parents was to help their children successfully navigate changes rather than isolate or protect them from the changes that will occur.

From a child's perspective, it's not the change itself but how parents react to adjustments that is most significant. Change tests individual and family resilience, but managing it well builds resilience. While most people yearn for certainty and consistency there will always be times when circumstances change – people shift jobs, families relocate and parents split up. These situations are difficult to manage at the time but inevitably people adjust and more often than not, end up with a better situation – a job that they enjoy, a better lifestyle or finding family peace.

While change is not easy to endure, there are some things we can do as parents to help our children cope and hopefully grow from those changes.

The following five ideas will help:

1. Acknowledge feelings

Every difficulty or challenge we face is accompanied by uncomfortable feelings such as sadness, anger and disappointment. When feelings aren't acknowledged, children will either act out or act in. That is, they will either become aggressive, agitated and hurtful or become moody, anxious and depressed. Give kids permission to talk about emotions by talking about your own feelings and your emotional reactions to events. Help children of all ages verbalise their feelings by asking children how they feel in response to different events. "How do you feel about this?" is a great way to initiate conversations on an emotional level.

2. Look after yourself (and your partner)

Change is usually stressful for adults. Feelings of anxiety are common in times of uncertainty. "Will life ever return to normal?" is a common question. Self-care is essential in times of change. It's hard to parent well when you are stressed, anxious or depressed so do all you can to stick to the building blocks of well-being.



parenting * ideas

Parenting kids through the challenges of change

That is, sleep well (life's always better after a good night's sleep); get some exercise (to release the feel-good endorphins); actively maintain your support networks (talking about difficulties is therapeutic); get some relaxation (it's important to take your mind of your worries for a time) and pursue at least one interest that you enjoy (fun and play is an antidote to depression).

3. Stay optimistic

Optimism is characteristic of resilient people. I'm not suggesting that you take a Pollyanna-ish attitude that 'everything will be all right'. Instead project the attitude that the current situation may be difficult or that life at the moment may be difficult but you will get through this. "This too shall pass" is a powerful resilience concept for kids to experience and learn.

4. Maintain consistency and routine

When disruption appears in your life try to keep things as normal as possible for children. In particular, stick to regular mealtimes; keep bedtimes regular and keep the traditions that kids enjoy and bring your family together. This type of familiarity is comforting for kids, helping them maintain feelings of control, which is something they crave in times of change.

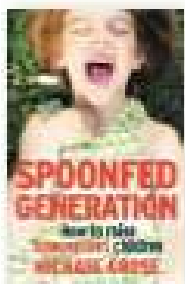
5. Maintain consistency and routine

Resilience is best practiced as a family or community, rather than as an individual so look for ways to bring your family together. Family mealtimes; shared enjoyable experiences and simply hanging out together are the types of activities that build strong families. In times of change and upheaval what we need most is each other.

Life is full of changes. Some are welcome and some aren't. It's human nature to resist change, particularly when it's unwelcome. But change also presents opportunities for growth and development. Helping kids cope with change, even when it happens to you, is a chance to build their resilience, which will be tested many times throughout their adult lives.



Visit our website for more ideas and information to help you raise confident and resilient young people.



Special note: I'm thrilled to announce that my latest book *Spoonfed Generation: How to raise independent children* is out. It's available at parentingideas.com.au

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